

Dallaglio
RugbyWorks



2022–23

Impact Report

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Introduction

from Liam

My name is Liam. I was in a Secure Training Centre, where you have worked previously. I was released last year in July, so it's been a while. I just wanted to say a big thank you because I can't explain enough how much you helped whilst I was in there and with my mentality, you gave me inspiration to keep going even when I didn't want to and I can genuinely say, I don't think I'd be here today if you hadn't been there.

Since I've been released, I've been quite busy with work however I'm now at a point where I can start to focus on my fitness, and I plan to get back into rugby (I've been training ever since I got out).

*Secure Training Centre
(a youth justice detention centre
for young people aged 10–17)



Introduction

from Lawrence and Ian

It is only right that the first word of this annual Impact Report goes to a Dallaglio RugbyWorks young person. Liam's words serve as powerful illustration of the innate potential of all young people to make changes in their lives with the right support at times when it really matters.

He inspires us to do what we do more intensely, and to look at ways to continue relationships with former participants as they move into the next stages of their lives. Dallaglio RugbyWorks was established to support young people who have been excluded from mainstream education, and therefore all our provision is focused on engaging young people who are removed from mainstream support services including those in custody. All our work is focused within communities that are economically deprived.

By working with young people who need support most, we seek to make the biggest impact. We use rugby's core values of teamwork, respect, enjoyment, discipline and fair play to equip

young people with the life skills and attitudes they need to move into sustained education, employment or training after school.

At the heart of our mission is the certainty that sport has the power to transform lives. This fact is often overlooked or misunderstood by policy makers. It is therefore a positive step forward to have been part of The Centre for Social Justice report, *Game Changer*¹, and the call for a Minister-led Taskforce to harness the multiple benefits of sport and physical activity for our nation's young people.

With increasing rates of school exclusion, a widening attainment gap, and well documented link between school exclusion and prison, recognition of the power of sport for social change cannot come soon enough. This report provides a detailed account of our work over the past year. It showcases the powerful impact our programmes have had across England and Wales in pupil referral units, other alternative provision schools, exclusion units



Lawrence Dallaglio,
Founder



Ian McAulay,
Chair of Trustees

within mainstream schools, the youth secure estate, and in the community.

It has also been an exciting year. Highlights include the Dallaglio RugbyWorks Awards, our young people competing and winning in tournaments, the establishment of the Youth Animators team of former members – including Ryan who has won multiple golf tournaments – and nominations for our team at the prestigious Charity Times Awards in the categories of Digital Transformation, Fundraising Team, Corporate National Partnership with a Financial Institution, and Charity Leader.

This is a testament to the work of the team, and we are grateful to the whole Dallaglio RugbyWorks squad for your deep commitment and important work. Looking to the future, the Board has set out an ambitious strategy to grow Dallaglio RugbyWorks based on the strong foundations established by the team under the leadership of Zenna Hopson, CEO.

Over the next five years our plan is to work more intensively with young people, to work in new settings (such as residential care homes), to expand to new geographies, and develop new programmes. We are delighted to be joined on this journey by an incredible set of new trustees – Paul Bashir, Mai Fenton, Nick Maughan, Ann Silla, and Diane Watson.

Collectively, our new trustees bring a wealth of experience across corporate finance, marketing, philanthropy, law, and inclusion, as well as a love of rugby and a deep commitment to transforming young people's lives. They join our committed group of trustees and Ambassadors.

None of the achievements set out in this Impact Report would have been possible without the continued support of our partners, supporters, funders and donors. Your generosity and commitment continue to be pivotal to our work creating a positive change with young people who need it most.



Our impact

Our impact in numbers

91%
of young people showed an improvement in their physical fitness, with 100 joining a local sports club

2,127
Total participants in 22/23

83%
showed increased mental resilience following the sessions

97%
of participants enjoyed the sessions

84%
wanted to attend future sessions

87%
of participants on our programme were in education, employment or training at 18

1,370 Sessions
in our Term-Time Programme:

- Including 236 sessions as part of our Girls Programme
- 72 sessions as part of our YOI Programme
- 310 sessions in our Evening Programme
- 85 Holiday sessions

93%
of young people showed improvement in their teamwork skills

13,843
contact hours

79
settings, including 35 mainstream schools, 17 Alternative Provision schools, 2 secure estates, 1 SEN school and 24 community settings

72
participants engaged digitally, through digital skills workshops and our digital solution, Player Profiles.

7 regions

Participant demographics

Free school meals 60%

Education Health and Care Plan* 37%

Black and minority ethnic 28%

Looked after children 14%



What we do



The problem

On average, 160 young people are excluded from school each week. ² Once excluded, prospects for these young people are bleak, with only 4% achieving good GCSE grades ³, and 67% entering sustained education, employment or training compared to 96% of their non-excluded peers. ⁴ This can be a pipeline to prison, with concerning statistics showing 63% of prisoners having been excluded from school. ⁵

Our mission

To ensure that young people who have been excluded from school are not excluded from society.

Who we serve

We support the hardest to reach young people in the most disadvantaged communities, each of whom are most at risk of experiencing school exclusion or are at risk of being excluded. Young people who are eligible for free school meals are 4x more likely to get excluded, along with black Caribbean boys. Young people with special educational needs are also six times as likely to be excluded as their peers. ⁶

Our work

We work in a number of different settings both during term time and after school. Our coaches lead small groups of 8-10 young people, using sport as a hook and mentorship as an anchor to develop their soft skills, as well as improve their physical & mental wellbeing.

This, coupled with exposure to the work place through Career Taster Days, raises their aspirations and puts young people in a better position to enter sustained education, employment or training (EET) when they leave school.

Our Values

1 Tell it like it is

We believe in calling things straight. Honesty is always the best policy and direct, transparent feedback is powerful.

2 Play as a team

Think of us like a professional rugby team. We look after each other, but we always hold each other to account to ensure we provide the best outcomes for young people.

3 High energy

We always operate with energy, showing young people that a positive mindset and commitment to action is the hardest step on any journey.

4 Future focused

We are always focused on the future of our organisation, and the futures of our staff team and young people.

Developing life skills

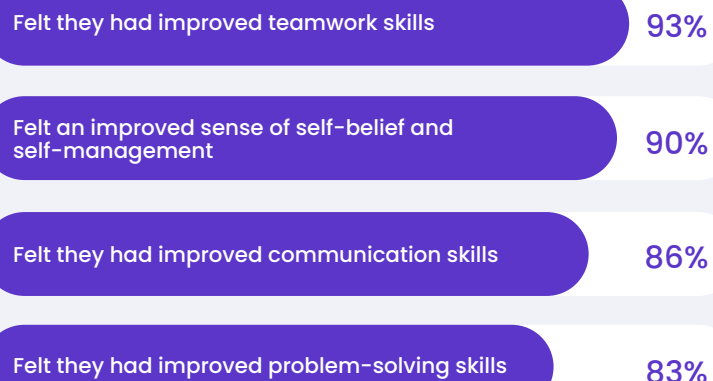
Our young people appear to struggle in a traditional classroom setting and tend to emerge from school with substantially lower levels of education attainment.³ We help them to develop key life skills that will stay with them for the rest of their lives.

The framework of skills is based on research carried out by Youth Employment UK⁷ highlighting five key life skills employers identified as the most important:

- 1 Communication
- 2 Teamwork
- 3 Problem Solving
- 4 Self-Belief
- 5 Self-Management

Young people involved with our interventions tend to have their best experience with us outside the classroom and learning these skills through rugby based active learning. Once learnt and developed these skills can be transferred into the world of work and employment, enabling our young people to live positive productive lives.

At the end of the year, we asked our young people how they felt about their life skills after the programme and the majority of them self-reported an improvement in their skills which they attributed to the RugbyWorks sessions:



Raising aspirations



Research has shown that a young person who has four or more meaningful encounters with an employer is 86% less likely to be NEET (Not in Education, Employment or Training) and can earn up to 22% more during their career. ⁸

Each young person on our term-time programme is offered at least 2 Career Taster Days a year to show them what the world of work looks like, and the opportunities available within it. It is delivered by our Corporate and Supporting Partner businesses in their offices and places of work with the support of school teaching staff and Dallaglio RugbyWorks coaches.

Employers share their educational routes, traditional or non-traditional, with the young people, inform them about different roles, and demonstrate how what they learn in RugbyWorks sessions can apply to the workplace (i.e. showing how the teamwork skills map onto working in teams to design a business idea).

At our Career Taster Days, 98.3% of the participants felt like they understood the work the host organisation did, and 81.4% found it useful and productive.

95% enjoyed their day with 61% interested in learning more about the opportunities available at the host organisations.

At the end of the year, over 80% of our participants agreed that their understanding of career options and opportunities available to them improved as a result of attending these sessions.

Furthermore, we provide our participants with the opportunity to sign up for the Sports Leaders Level 1 and Level 2 qualifications. These qualifications earn participants credit and even UCAS points in Level 3. This year, we had 142 young people earn their Level 1 qualification, with 42 earning the Learning to Lead certificate, and 7 earned their Level 2 qualifications.

Our employability partners 22/23

- Linklaters
- Bidfood
- BAM Construction
- South Wales Fire and Rescue Service
- DAC Beachcroft
- Wilmott Dixon
- Samworth Brothers
- Caged Steel Promotion
- EQUANS

Improving physical and mental wellbeing

In the decade since London hosted the Olympics, PE sessions offered at schools every year have dipped, and fewer than half of children in the UK currently meet 60 minutes a day of moderate to vigorous physical activity which is the Chief Medical Officers' minimum recommended level.⁹

Therefore, it is essential that we offer those we support the opportunity to increase their physical activity levels and develop life-long healthy habits that will improve and maintain their physical health. We also build links into, and create potential pathways into community sport.

Researchers found that 1 in 2 excluded pupils experience recognised mental health problems, compared with 1 in 50 pupils in the wider population. Estimates suggest this might be as high as 100% once undiagnosed problems¹⁰ are taken into account. We want to ensure that the young people we support are equipped to deal with the challenges of the modern world. We help our young people to develop resilience, personal responsibility and an understanding of their own subjective wellbeing.



Physical Activity

(Term-Time programmes)

- 91% of young people demonstrate a good level or have improved their level of physical fitness
- 100 participants are also members of a local sports club

Mental Wellbeing

(Term-Time programmes)

The Warwick-Edinburgh Mental Wellbeing Scale is a robust and verifiable scale developed to measure and monitor mental well-being in the general population.

Young people report on their feelings of loneliness, being able to solve problems, feeling relaxed, feeling optimistic about

the future amongst other elements of mental wellbeing.

- 83% of young people reported that they had increased resilience as a result of being in the Dallaglio RugbyWorks programme
- 45% of the participants saw an increase in their scores on the Warwick-Edinburgh Mental Well-Being Scale.



Our programmes



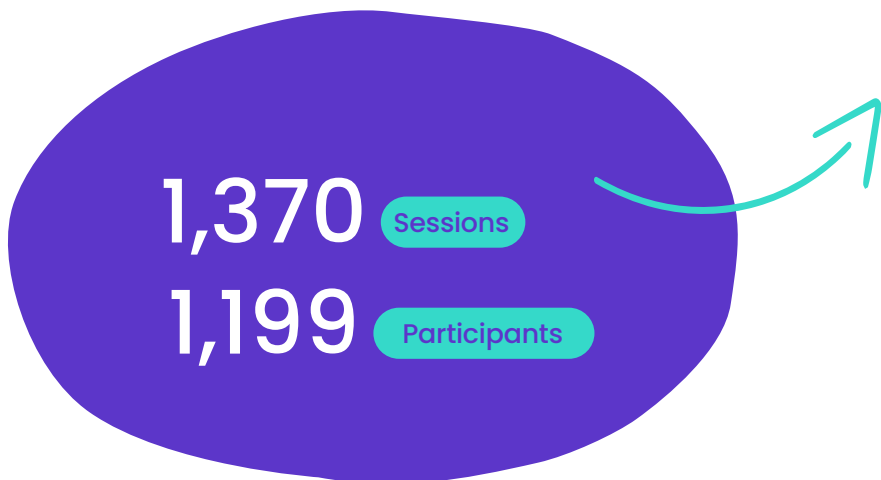
Term time

Our flagship RugbyWorks programme is an academic year long intervention in pupil referral units, SEN provisions and mainstream schools, designed to build long-term impactful relationships with young people with the aim of increasing their likelihood of remaining in school, improve their attendance and attainment, and increase their chances of being employed when they leave.



In numbers

- 1,370 sessions covering self-belief, communication, teamwork, problem-solving and self-management skills across all our regions, along with digital skills in London, East of England, Wales and East Midlands
- We also delivered 50 workshops on employability and mental wellbeing, covering themes such as creating CVs and attending interviews, building resilience and self-esteem, setting goals, and managing anxiety
- 33 young people in London and Wales were introduced to our youth-centered webapp, Player Profiles. The app compliments our programme by extending learning beyond the school day with opportunities to develop skills through gamification and the goals set are based on the young people's own life experience.



58%	23%	24%	64%
male	have a disability	belong to a minority ethnicity	
41%	31%	16%	
female	have an Education Health and Care Plan /IDP	are looked after children	are eligible for free school meals
1%			
not provided / other /transgender			

Evening

We deliver programmes in local youth clubs, rugby clubs and street facilities to reach our young people outside of the school timetable with the aim that we can provide them with safe and useful activities during a potentially high-risk time of the day where they might become involved in crime or be a victim of crime. ¹¹



Our Programmes

In numbers

- 86% stated that their fitness levels improved by attending the sessions
- 100% stated their understanding of their career options and opportunities available improved
- 71% of the participants stated that they trusted their coaches
- 86% of the participants stated that they would find it helpful to attend more sessions
- 100% enjoyed their sessions
- 100% stated they enjoyed attending the sessions more than what they normally did during the evenings
- 100% stated that their self-belief and self-management improved from taking part in the sessions

310 Sessions

790 Participants

67% male	16% have a disability	25% belong to a minority ethnicity	39% are eligible for free school meals
32% female	8% have an Education Health and Care Plan /IDP	4% are looked after children	
1% prefer not to say			

Holiday

In the UK, close to 4.2 million children live in relative poverty.¹² During term-time policies such as Free School Meals help alleviate some of these households' food insecurity, and in the UK, 23.8% of pupils are in receipt of these meals.¹³

During school holidays, most low-income families struggle to source adequate provisions for childcare and playtime.

We deliver a programme to feed young people and keep them active outside of term time which is open to all Dallaglio RugbyWorks attendees and others in the local area who are on free school meals. This directly works to fulfil the Zero Hunger Sustainable Development Goal by ensuring our young people have access to healthy food and drink which some do not have access to at home.

The HAF Programme (Fit and Fed in Wales) was set up to provide young people eligible for Free School Meals with activities and hot, nutritious meals during the holidays.

We conducted several holiday camps over the past year, many in collaboration with HAF/Fit and Fed.



In numbers

<p>338</p> <p>meals served</p> <p>(39 HAF/Fit and Fed camps)</p>	<p>95%</p> <p>want to attend more sessions in the future</p>	<p>6.7%</p> <p>from ethnic minorities</p>
<p>58%</p> <p>attended multiple sessions</p>	<p>61</p> <p>respondents rated the camp an average score of 8.9/10</p>	<p>23%</p> <p>looked after/ care leavers</p>

Us-Girls

At all ages, girls are less active compared to boys.¹⁴ English girls are amongst the least active, with only 16% meeting the UK physical activity guidelines of at least 60 minutes of moderate-to-vigorous activity daily.¹⁵

In numbers

Girls' participation is inhibited by a number of reasons, but most report body image issues, the menstrual cycle and competition as barriers.

Our Girls Programme aims to provide girls with opportunities to engage with physical activity in the way they would

prefer, taking the focus away from competition and onto goal-setting, with our girls-only sessions.

We also focus specifically on body image and consent, and aim to use the sessions to increase the footfall of girls into rugby and other sports clubs in their local area.

Girl's feelings on the Programme:

<p>96%</p> <p>enjoyed the sessions</p>	<p>86%</p> <p>felt their fitness levels were better</p>	<p>76%</p> <p>felt that they could stay more positive in tough situations</p>
<p>84%</p> <p>thought their self-belief and self-management skills improved</p>	<p>74%</p> <p>felt they had a better understanding of career opportunities</p>	<p>30%</p> <p>are members of local sports clubs</p>



266 **Girls**

236 **Sessions**

18 **Settings**

YOI



D, on a sentence at Parc Prison really impressed our coaches, and we decided to offer him the opportunity to apply for a role within DRW.

He said 'Could I actually end up doing this, people like me don't get opportunities like this'. He finished off his interview by running a session. As the rest of the young people were aware that this was for D's interview, they all came out to support him giving us the largest single group we have ever had during a Parc session.

We are now currently in the process of getting ready for his release with a strategy to aim to integrate D into the Wales DRW squad as a coach.

In 2017–18, 89% of boys in young offenders institutions had been excluded from school, according to HM Chief Inspector Of Prisons for England and Wales.¹⁶

Close to 75% of young people sentenced in the year before March 2020 presented with mental health needs.¹⁷ Mentorship has been identified as an effective way to support young offenders' mental well-being and provide them with more guidance on life in and after prison. In partnership with Levelling the Playing Field, we have expanded our Young Offenders Programme to Oakhill Secure Training Centre in Milton Keynes.

In numbers

Our Youth Offenders Programme is centred around using the session as an opportunity for young people to be active and play as a team. With their constant and consistent presence, our coaches gradually develop trusted relationships and provide our young people with a safe space to engage with a mentor.

During the 22/23 Academic Year, the Delivery Team worked with 60 participants in Oakhill Secure Training Centre, aged 14 to 17, with 3 sessions weekly, with rotating cohorts.

In Wales, the team worked in HMPYOI Parc with 19 young people aged 15 to 17 once a week over the year.

Innovation



Young people in the lead

This year we are proud to introduce our first group of Youth Animators, a youth-led, peer-to-peer model established to represent the views of young people, influence our strategy and programmes, and speak truth to power. Youth Animators are aged 16–20 and are paid.

They talk to young people about concerns in their communities, such as knife crime, food, poverty, school exclusion, and homelessness. The knife crime discussions, for example, led to an organisational partnership with Street Doctors.

In the 22/23 academic year, The Youth Animators have reached over 6,000 people on social media and over 50 young people in sessions across the country.

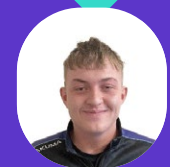
Starr



Starr was a young person on the RugbyWorks programme from 2019–2020. She was excluded from mainstream education, but she says that Dallaglio RugbyWorks "helped her stay grounded and overcome the anxiety of feeling she wasn't going anywhere." Now, she wants to give this hope back to young people.

She believes the different aspects of the programme such as playing rugby and attending career taster days were beneficial for her. She is now a coach in the Midlands and a Youth Animator.

Ryan



Ryan's journey from school exclusion at 12 to becoming a RugbyWorks Champion Awardee in 2021 is a true testament to the power of resilience and mentorship.

Recently crowned Coach of the Year at the 2023 RugbyWorks Awards. From participant to Coach, Ryan now supports young people in the school he was excluded from to transform their own futures. He is also an incredible golfer and is South Wales champion for his age group!

Cameron



Cameron Johnson is a Dallaglio RugbyWorks apprentice based in London.

Cameron's specialty is digital development. He lead on our website development, our brand aesthetics, and our digital footprint.

Reigan



Reigan Johnson-Hinds is a student at the University of Manchester and an international rugby player for Jamaica.

Reigan led our sessions at the Step-Up Expo in London's Olympia engaging with over 1,000 young people over two days. He is also our lead content creator and looks to expand his knowledge and development in this area while expanding his animator network in Manchester, Liverpool and Newcastle. Reigan's TikTok videos have proven to be very popular!

ANIMATED YOUTH

Partnerships and programmes

Digital Skills

Online abuse and exploitation as well as misinformation are very serious issues that are growing rapidly with 25% of young people having experienced violence, trolling or abuse (23%), and/or sexual content (23%) online. On top of this, only 2% of children have the critical literacy skills they need to tell if a news story is real or fake.¹⁹

We utilise technology to cultivate personal responsibility within our young people for their own development. Our 'Player Profiles' app encourages our young people to take control of their progress by setting their own goals, and in future will allow them to communicate with our staff when they need to.

One of the learnings from the first Player Profiles prototype testing phase was that the digital skills of our young people were far lower than expected and that 87% of our young people are digitally illiterate. As an example, the majority of them did not have a professional email address nor did they

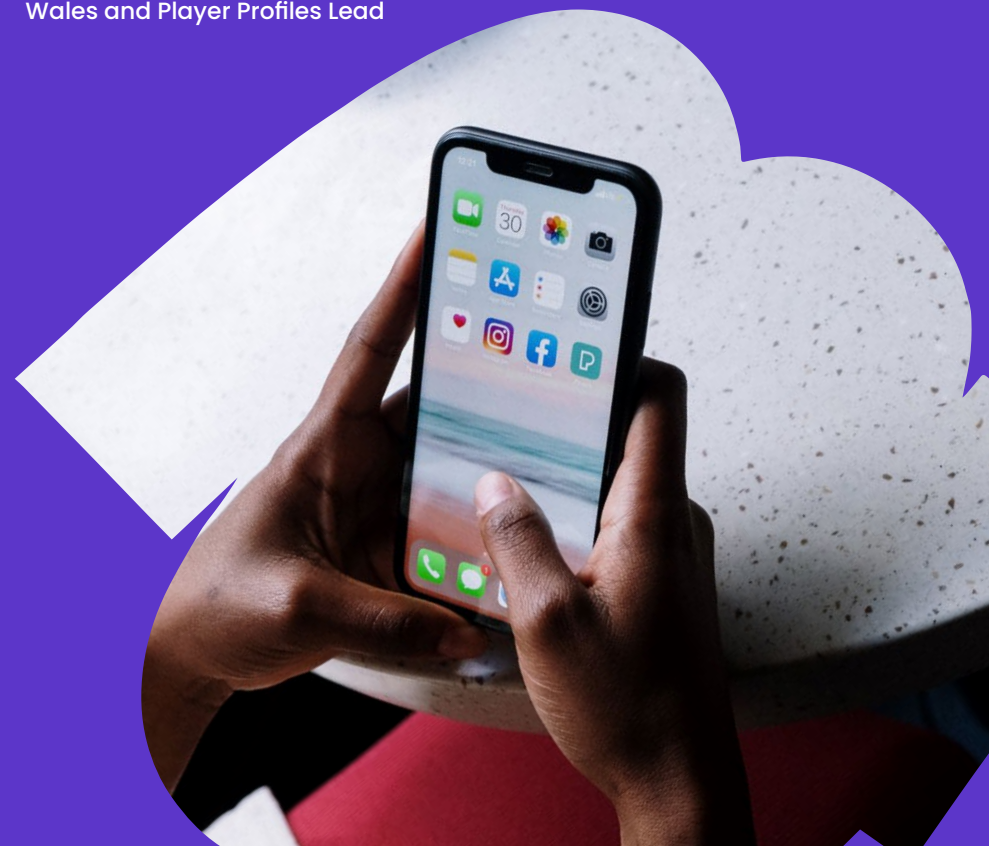
understand the need for one and around 50% could not set a complex password for their Player Profiles accounts. There is clearly a need to support in this area if many entering the workforce do not possess the correct skills

In this past Academic Year, we successfully trialled two Digital Skills Workshops which were focused on Professional Emails and Staying Safe Online. One of our Alumni, Jose Pereira, designed and delivered 24 workshops to 39 young people across 4 regions which was a great trial that has led on to further development of this programme.



The young people were saying to me 'This looks so cool!' and 'We do this outside the session from home too?!' Player Profiles is a fantastic way to engage them and support them for more hours in the day.

Britt Lewis
Senior Regional Coordinator,
Wales and Player Profiles Lead



NFL

The NFL Foundation UK's objectives of utilising sports to bring young people together in a safe environment and develop their skills aligns with the Dallaglio RugbyWorks cornerstones.

When our young people expressed interest in the NFL, we knew this was not the partnership to be missed! This gave us the opportunity to enhance our current sports programme by incorporating non-contact American Football to enable our young people in London to develop different sports-related skills and improve their mental wellbeing. By allowing us to bring young people together in a positive environment where they get the opportunity to try out a new sport, they are challenged to learn new skills and benefit from the cognitive rewards of trying something new. With this new skill, our young people have the opportunity to compete in NFL tournaments across London. We delivered 16 NFL sessions which were rolled out across three sites in London; SILS, Newhaven, and The Grove with 117 young people taking part from these schools.



Refugees

The Dallaglio RugbyWorks team in the North East established a pilot initiative for refugee young people who had been spending most of their time in their hotel rooms. Our coaches there ensure sessions are centered on fun, fitness and mental wellbeing.

As the programme went on, not only did their fitness levels improve but so did their mood and overall mental health. One young person really enjoyed being able to do more physical activity and has now expressed an interest in joining a local rugby club, which is a great outcome from where he started.

Another positive side effect of our work was that the young people gained the hope and self-belief to consider their futures in the UK and what options were open to them. To this end, one of the young people has begun applying for IT courses at colleges in Newcastle!

Recognition

The last ever 8Rocks

8Rocks has historically been the star event in the Dallaglio RugbyWorks calendar, raising hundreds of thousands of pounds for charity since 2009. We ran this luxurious gala dinner on an annual basis with a fresh and fun theme each year. After a long break due to the pandemic, we kickstarted 2023 by running the last ever 8Rocks.

This meant we had to pull out all the stops to make sure the event went out with a bang. This year's theme was the Greatest Showman, promising guests a night of wonder and awe.

On the night, the theme was really brought to life through unique table centre pieces (including dainty carousels, and large red and white umbrellas), and fantastic performances from the Sorcha Productions circus team, capturing our audience's attention from the minute they approached the venue.

Guests were welcomed onto a red carpet by talented jugglers and fluorescent roller skaters, before witnessing a spectacular opening ceremony with performers flying above them, truly immersing guests into the greatest show.

We had a fantastic acoustic set performed by the legendary Tony Hadley, warming up the crowd with well-known tunes, such as "True" and "Gold". This was followed by 90-minute DJ set from Ibiza legend, Pete Tong to close the night.





Events off the pitch

First Wales Event

Following the success of our flagship Six Nations Lunch event in London, we decided to take the event across the Severn Bridge and showcase the work we do which supports the most disadvantaged young people in South Wales. This was the first event we had hosted in this region. Hosted at Cardiff Golf Club, the event comprised of a panel of Welsh rugby legends, along with Lawrence, who told stories of Six Nations tournaments past and present.

The aim of the evening was to raise money and awareness for Dallaglio RugbyWorks, with a raffle and auction on the night.

Awards

On June 20th, Dallaglio RugbyWorks held their annual Awards at St Martin-in-the-Fields, London, to celebrate our supporters and young people. The Nick Maughan Foundation very kindly sponsored the event.

Congratulations to the winners: Jack Smyth, Jack Warde, Fardowsa Abdirahman, Francesca Straker, Michael Kennedy, McKenzie Matthews, Solihull Academy, Faye Hossack, Ferndale Community School, Parc Prison, Ryan Davies, Mark Rogers, Simon Dent, Causeway Technologies, Advanta Wealth, Mercers' Charitable Foundation & Dame Kelly Holmes Trust.



Events on the pitch

Wales

For many of our young people this was their first time representing their school which meant it was an exciting opportunity for them to show off their rugby skills as well strengthen the camaraderie in their teams. We had the support of the University of South Wales as they provided their state-of-the-art indoor 4G pitch and rugby coaching students who volunteered as referees. We were also supported by Tesco Nantgarw whose donations of fruit and snacks kept our young people energetic and nourished.

Newcastle

In the summer, we hosted a beach touch rugby festival for girls in Tynemouth, where 6 schools participated. It was a great opportunity for the girls to get active, meet new friends and get outside.

London

One of our corporate partners, Macquarie, put their own rugby boots on and took part in their annual touch rugby summer tournament in Regent's Park, raising money for Dallaglio RugbyWorks through entry fees. They played against other large corporates.

Macquarie have been partnering with Dallaglio RugbyWorks for over five years now. "This year, DRW enabled over 100 Macquarie employees to compete in touch rugby at all skill levels, while raising £14,000+ in the process. For those who took part, it also helped us build relationships and work together as a team whilst having fun, getting fresh air and some exercise - most importantly giving back to our community".

Supporter highlights

We are very proud to be a Corporate partner of Dallaglio RugbyWorks. We support them because our core values align, not only in terms of the young people but their approach to the workforce. The fact that they recruit young people and give them the opportunity to grow within the organisation is very much in line with our own business. We strongly advocate for the work that they do because we believe that everyone deserves a second chance and to be given the right environment in which to thrive.

Our motto is Creating Futures and we feel that DRW achieves that on all levels. We receive fantastic, hands-on support from DRW and it is a partnership which is truly centred around working together to achieve greater things.



Gillian Piggot,
Committee Chair
Advanta Foundation

I feel truly honoured to be an ambassador for Dallaglio Rugby Works and have been lucky enough to have seen first-hand the impact such a brilliant charity has on young children around the UK. Having hosted an award show for the change makers and dedicated workers, I realised those involved genuinely want to help those in need and give them a better chance in life as well as a new chapter to be proud of. No child should be ostracised for mistakes they may have made when younger, sometimes through no fault of their own and so I support this charity because it does not discriminate, single out or exclude anyone; rather celebrates individuality, personality and uniqueness.



Scarlette Douglas,
British TV Presenter

Windsor & Eton Brewery feel very privileged and proud to partner with Dallaglio RugbyWorks. As a business we were aware of the positive impact that DRW were having on children excluded from school, but it wasn't until attending the awards ceremony this year we really saw the life changing effect it was achieving for so many children. With a shared value of inclusivity, we're excited about the future work we will do together.



Jonathan Radford
Windsor and
Eton Brewery

It has been fantastic to be involved both personally and also for the St James's Place Charitable Foundation, and the Wasps Legends Charitable Foundation, in support of Dallaglio RugbyWorks over a good number of years now. We massively admire the work you do and the impact you have on people's lives. Having visited a PRU and also spent time with coaches and members of the programmes you run, I am convinced you are changing thousands of youngsters' lives and creating opportunities for individuals to fulfil a potential they didn't believe existed. We are so pleased to support with both funding and resources in any way we can and look forward to many more years of engagement.



Mark Rogers, Director SJP,
Director and Trustee
Wasps Legends
Charitable Foundation

Squad highlights

One young person who has shown growth over this past year is S. S attends our evening delivery based in the local youth club on a Friday afternoon. S is a shy individual who would observe our sessions as he was apprehensive of joining in. As time passed by and the small conversations we had with him, we managed to get him to join in. He enjoys being given the role of captain where he is responsible for picking and organising his team and is now more confident in giving new things a try within sessions.

Corey



F's journey has seen her cultivate exceptional listening skills, which have added a deeper layer to her personal and interpersonal development. When she was rightfully nominated for an award, it brought immense joy and satisfaction to all of us who have had the privilege to work with her.

Her achievement in obtaining the award undoubtedly served as a significant turning point in her life, providing a substantial boost to her confidence as she embarks on the next phase of her education at college. I believe that the valuable lessons and skills she has acquired through the RugbyWorks sessions will continue to empower her as she navigates the challenges and opportunities that college life presents.

Ida



When I met D last year he had just been excluded from his mainstream school. His Dad had just been sent to prison and he was the oldest of 6 siblings at just 12 years old. He is however one of the most resilient young people I've ever met. This time last year he struggled controlling his emotions and competitiveness at times which led to consistent conflict and fallings out on the school playground. As well as this, D was often bullied and disrespected by other students at his new PRU. By taking part in RugbyWorks sessions every week, D has learnt and developed teamwork, communication and self-regulation skills and now rarely comes across any trouble. He has found ways to block out and ignore any negative noise directed at him, which he previously would've lashed out at. D has developed massively over the past 12 months, and is now in a position to go back to mainstream school.

Fin



Looking to the future

Creating a brighter future:

Our five-year plan and thanks from Zenna



This year has been one of resilience, innovation, and progress for Dallaglio RugbyWorks. Our exceptional programme delivery is thanks to our Squad, with nearly half being 25 or younger and from the communities we serve, and the support of our Board and Ambassadors. Working with our fantastic partners across England and Wales, we have engaged significant numbers of young people using the power of sport and high-quality mentoring.

Our Forward Strategy (2022 to 2027) and growth aspirations respond to the multiple challenges young people face. Our ambition in the next few years is to deliver our programmes more intensively, extend to new geographies, work with new partners in new settings, and develop new programmes. This includes extending our core provision to at least 80% of the exclusion sites in the local areas where we already have a footprint and developing a deep understanding of local communities by spending more time

supporting young people both inside and outside of education settings.

This year, we built strong partnerships with organisations such as Street Doctors, StreetGames and Coach Core, who share our values and vision for young person-centred services. Moving forward, we will expand our long-term partnerships and develop new evidence-based services for young people with complex needs, such as those who are care-experienced, homeless, from migrant communities, or in the criminal justice system. We will continue to prioritise our specialist services for girls and young women, increasing their participation in sport and physical activities, building confidence and self-esteem, and empowering them to achieve their full potential.

Furthermore, to support young people in the transition to adulthood, we will develop an employment and apprenticeship offer for young people over-16 who need extra support to be work ready.

And by collaborating and sharing our learning, we will also continue to contribute to strengthening the wider sport and youth development sectors.

Young people are at the heart of the decisions we make. We have prioritised an asset-based approach to ensure young people's voices are heard and are crucial to designing and adapting our curriculum and methodology. In the next year, we plan to grow the work of our Youth Animators group to embed youth voice into our governance arrangements in a way which values the authentic experiences and perspectives of young people.

Our work is possible because of the generosity and commitment of our funders, to whom we are extremely grateful. To maximise impact, 89p out of £1 goes into direct services. To sustain and expand our programmes further—building on our strong track record of event fundraising—we are exploring strategic partnerships, government-related contracts,

and extending corporate partnerships.

This year also saw an organisational restructure and investment in leadership to make Dallaglio RugbyWorks more efficient and effective as we embark on our Forward Strategy for 2027.

Claudia Carrington King, our former Head of People and Operations, was appointed as our new Chief Operating Officer, and Jenny Oklikah, our new Director of Strategic Growth, joins the team bringing a wealth of experience from the non-profit, government and community sectors.

We move into the next stage of our development with a sense of optimism and purpose. The complexity of the issues we address requires continued commitment, innovation, and collective action. We will continue to strive for a society where no young person is left behind, where every individual, regardless of their circumstances, has the chance to realise their potential.

Acknowledgements

All the great work we do every year would be impossible without the generous help from our partners, supporters, funders and donors. Your support has helped us transform the lives of young people most in need providing them with opportunities to level the playing field.

Organisations

10000 Black Interns
73Media
Advanta Wealth
Advent of Change
Aon
Barclays
Barking RFC
Bidfood
Blagrove Trust
Blyth RFC
BNP Paribas
Burgess Sport
Cadent Gas
Causeway Technologies
Centre for Social Justice
Centre for Education & Youth
Charles Hayward Foundation
Cheers Mate Productions
Cinesite
Clearwater International
Coach Core
CVC
D&G Group
DAC Beachcroft
Dame Kelly Holmes Trust
East Head Impact
Erdington RFC
EQUANS Construction
Frameless
Fulham Football Club Foundation
Future Youth Zone
Garfield Weston
Garrard
Harrison Street
Henry Smith Charity
Highfields Community Centre
Hospitality Finder

House of Sport
Impetus
Intrinsic
Investec
ITV
John Armitage Charitable Trust
Leamington RFC
Levelling the Playing Field
Linklaters
Liverpool Sporting Dinner
Loughor RFC
Loughborough RFC
London Sport
Macquarie
Masonic Charitable Foundation
Meade King Robinson & Co
Mentzendorff
Merthyr Housing Association
Metropolitan Police
National Philanthropic Trust UK Ltd
NFL Foundation
Nick Maughan Foundation
OddBalls
Old Newtonians RFC
Peter Harrison Foundation
PING
Quilter
Rabart
Rugby Football Union
Sir Robert McAlpine
Soho House
South Wales Fire and Rescue
Sport England
Sporting Chance Prize Draw
SportingClass
St James's Place and
St James's Place Foundation

St-Martin-in-the-Fields
St Mary's University
State Street
Steve Morgan Foundation
Streatham & Croydon RFC
Street Doctors
Street Games
Sutton & Epsom RFC
Team Hub CiC
Tech4Good
Tesco
The Evening Standard
The Grove
The Hand & Flowers
The Mercers' Company
UK Active
Unlocked Graduate Scheme
VCCP
Warner Bros. Discovery
Welsh Rugby Union
Windsor & Eton Brewery
Woodrush RFC

Individuals

Alex Hasek
Ali Braithwaite
Alyn Morgan
Amanda Cassidy
Amanda Heathcote
Andrew Bush
Andrew Hawes
Andrew Leighton
Andrew Orrock
Andrew Perryman
Andrew Ridgeley
Andrew Selley
Andrew Speed
Andy Cook
Andy Lee
Andy Powell
Anjam Jabeen
Anna Duffy
Anne Onwusiri
Antony Iannaccone
Ashton Hewitt
Barry Dudley
Ben Balfour
Ben Kay
Bill Carey-Evans
Buster White
Caitlin Lewis
Carolyn Anderson
Carolyn McCall
Catrina Nicholas-McLaughlin
Charles Mullinder
Charles Stone
Charles Vallance
Chris Phillips
Peter Bannison

Clive Lathey
Damian Cronin
Daniel Brennan
Darren Roiser
David Currie
David Marshall
David Molde
David Nagle
David Ridler
Denise Morgan
Dominic Macauley
Ed Tranter
Ed Wyre
Florent Rossignaux
Gary Callaway
Gary May
Gavin Disney-May
George Somlo
Hardwin Abbot
Davies
Helen Brown
Henry Fraser
James Richfield – SJP (Morpeth Office)
Jason Leonard
Jed Wilson
Jeremy Goring
Jeremy Guscott
John Deane
John Risman
John Blackman
Jon Orchard
Jon O'Donnell
Jon Tinning
Jonny Gould
Julian Miall

Juliet Howard
Justin Liddle
Kate Halewood
Keith Morgan
Kelley McGee
Kevin Brown
Kirsty Stanley
Hughes
Krystal Roxx
Lara Sills
Lennox Anyanwu
Leonie Schroder
Llewellyn John
Marc Boughton
Mark Hill
Mark Hughes
Mark Rigby
Mark Rogers
Martin Smith
Martin Williams
Matt Townsend
Matthew Horder
Matthew Key
Maurice Allen
Michael Lavelle
Michael McGee
Michael Whitfield
Mike Dunderdale
Mike Halewood
Mike Tindall
Nathalie Young
Neil Coleman
Neil Kersey
Neville Upton
Nic Sochovsky
Nicholas Flanagan

Nick King
Nick Maughan
Owring Rahmani
Paul Bashir
Paul Farmer
Paul Madeira
Paul Merrigan
Paul Monk
Paul Traynor
Petar Cvetkovic
Peter Bannison
Peter Bingle
Peter Frawley
Peter Harrison
Peter Nagle
Phil Brown
Philip Tarleton
Philippa Brown
Phoebe Andrews
Rach T
Rachel Budge
Ranald Macdonald
Rebecca Leake
Rebecca Scown
Richard Corrigan
Richard Freeman
Richard Hill
Richard Jackson
Richard Jameson
Richard Kelly
Richard Kirby – Blyth Academy
Richard Mackay
Richard Wilson
Robert Samuelson
Rob Foulston

Rob Henderson
Rob Horne
Roger Lowry
Ross Towler – Longbenton HS
Rupert Moon
Sab Bhandal
Sam Robinson
Sarah Rea
Scarlette Douglas
Scott Quinnell
Shane Doyle
Simon Byrne
Simon Dent
Simon Hebdon
Simon Hunter
Siobhan Simpson
Stewart Bailey
Steve Booth
Steve Cording
Steve Fryett
Steve King
Steve Morgan
Steve Simmance
Steve West
Sue Carcary
Tamara Taylor
Terry Harrison
Tom Stephenson
Tre Whyte
Virginia Ramsey
Warren Smith
Xander Jones
Zainab Alema
Zoë Kenny

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Please get in touch with our
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